

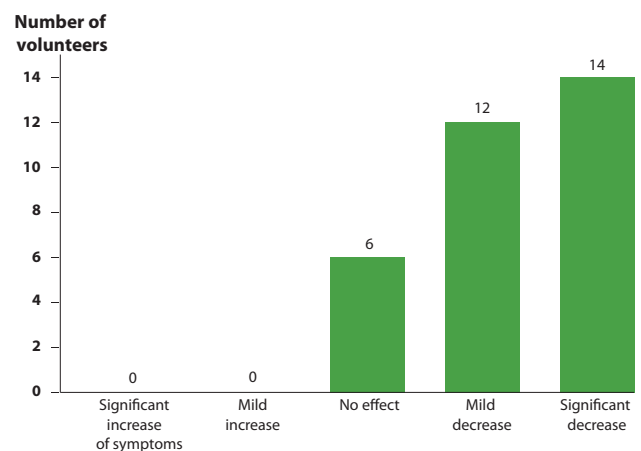
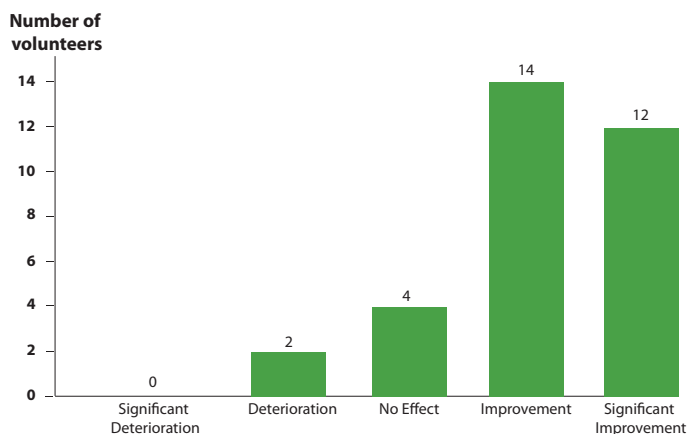
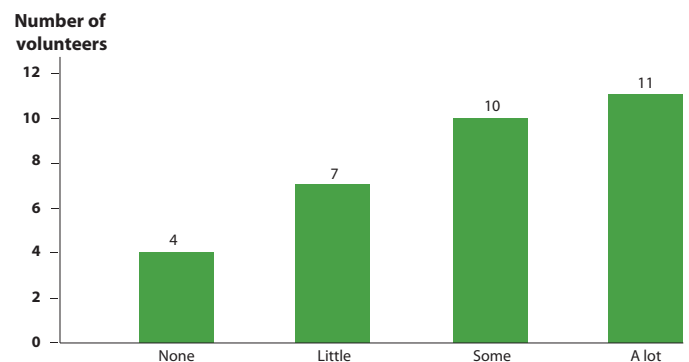
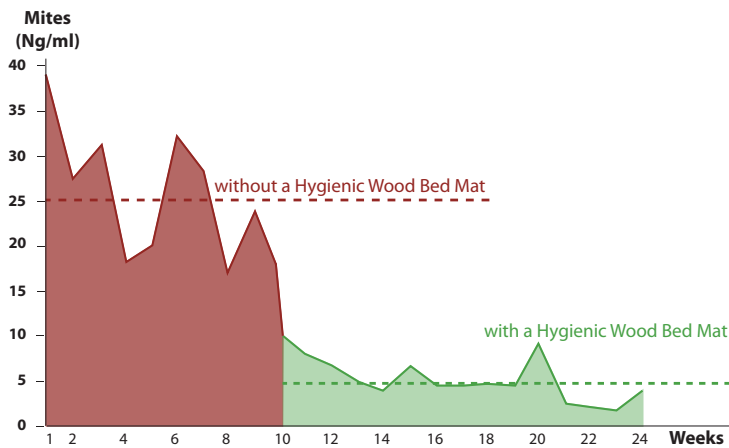
Allergy relief through use of Hygienic Wood Bed Mats?

Objective

Based on the results of the institute of „Insect Services“, to determine the effects of the use of Hygienic Wood Bed Mats in the reduction of mites in bed and the effect this has on allergy symptoms and overall well-being.

Procedure

In 2008, the University of Greifswald supplied 50 mite allergy sufferers with Hygienic Wood Bed Mats. Using a dust collecting vacuum, the number of mites on the surface of the mattresses was determined over a 24 week period. In the first ten weeks volunteers slept without a Hygienic Wood Bed Mat, followed by 14 weeks of sleeping on one. The volunteers compared their quality of life in relation to allergies at the beginning and end of the study via questionnaire. So far, the results of 32 subjects have been evaluated:



Results

The study shows that the number of mites in bed was reduced by over 80% and was reflected in the well-being of allergy sufferers. Over 80% of volunteers had a decrease in allergy symptoms and a large number of them reported that the decrease was significant. Also 80% of volunteers reported that their overall well-being improved considerably.

Conclusion

Hygienic Wood Bed Mats are a natural and effective way to lower the number of mites in bed. This significantly reduces allergy symptoms and increases quality of life.



Implementation

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* Daten: (2008)



Nature and knowledge combined.